

# Nutrition Science Academy

**June 6-8, 2012**

*College of Family & Consumer Sciences  
Texas State University, San Marcos*



on-campus  
lodging and  
meals

*Youth ages 13-17 are invited to:*

- Explore nutrition science through hands-on activities in university classrooms and labs
- Learn about the latest nutrition/health research
- Recognize community partners and resources
- Interact with Texas State University staff and students and discover nutrition-related programs and careers



**Schedule Highlights:**

**Wed., June 6**

Check in at 9 am

Tour nutrition labs, create healthy menus, learn about nutrition research, food prep

**Thur., June 7**

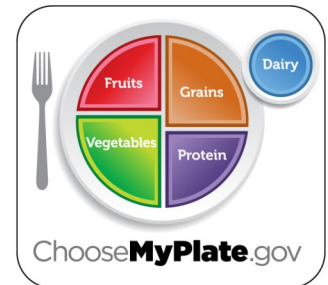
Sports nutrition, medical nutrition, special diets, food prep

**Fri., June 8**

Wrap up at 2 pm

Menu competition, community resources, Texas State nutrition programs

*To keep program costs down, we will need a few parents to help transport participants for 1-2 off-campus activities. If you can help with this, please contact us. Thank you!*



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**For more information:**

Laura Petty

Texas AgriLife Extension Service, Hays County

512-393-2120, [ljpetty@tamu.edu](mailto:ljpetty@tamu.edu)

<http://hays4-h.blogspot.com>