Youth ages 13-17 are invited to:

- Explore nutrition science through hands-on activities in university classrooms and labs
- Learn about the latest nutrition/health research
- Recognize community partners and resources
- Interact with Texas State University staff and students and discover nutrition-related programs and careers

**June 6-8, 2012**

College of Family & Consumer Sciences
Texas State University, San Marcos

**Schedule Highlights:**

- **Wed., June 6**
  - Check in at 9 am
  - Tour nutrition labs, create healthy menus, learn about nutrition research, food prep

- **Thur., June 7**
  - Sports nutrition, medical nutrition, special diets, food prep

- **Fri., June 8**
  - Menu competition, community resources, Texas State nutrition programs
  - Wrap up at 2 pm

To keep program costs down, we will need a few parents to help transport participants for 1-2 off-campus activities. If you can help with this, please contact us. Thank you!

For more information:

Laura Petty
Texas AgriLife Extension Service, Hays County
512-393-2120, ljpetty@tamu.edu
http://hays4-h.blogspot.com